

SIGNS & SYMPTOMS OF AN ALLERGIC REACTION



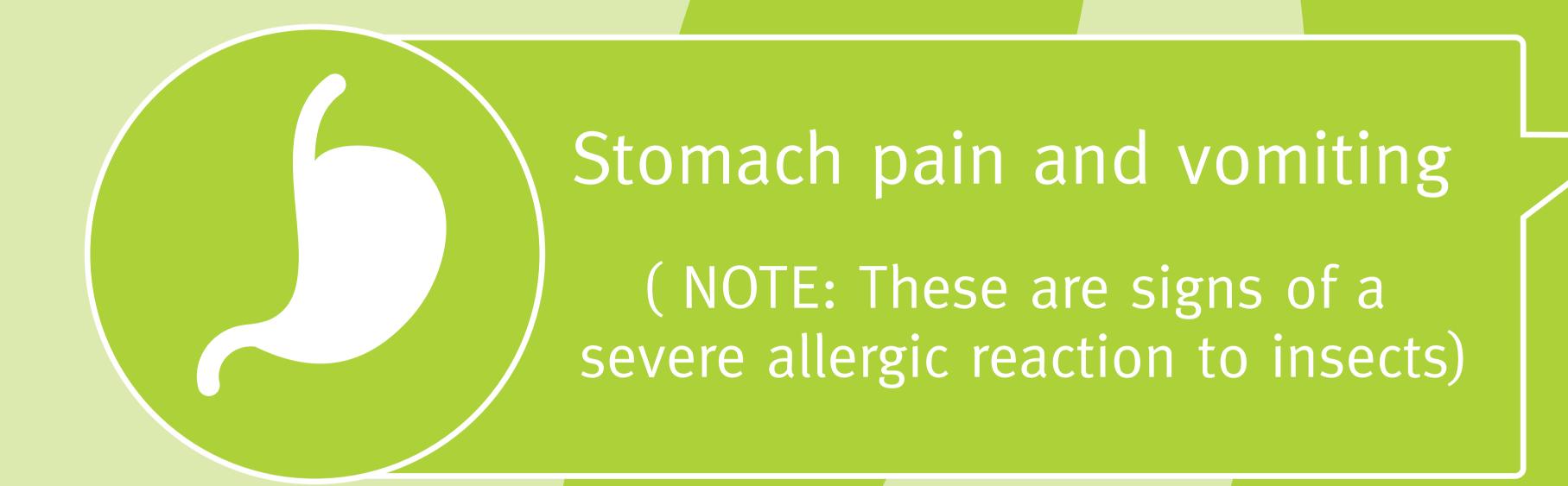
AN ALLERGIC REACTION TO FOOD/INSECTS CAN VERY QUICKLY BECOME LIFE-THREATENING. IT IS UP TO ALL OF US TO KNOW THE SIGNS & SYMPTOMS AND HOW TO RESPOND.

MILD TO MODERATE All FRGY



Swelling of the face,







SEVERE ALLERGY (ANAPHYLAXIS)

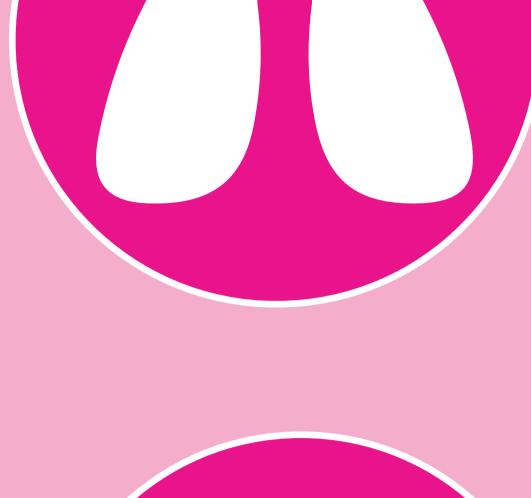
Dizziness Collapse

Pale and floppy (young children)



Swelling of tongue Difficulty talking &/or hoarse voice

Difficult breathing/noisy breathing Wheeze or persistent cough



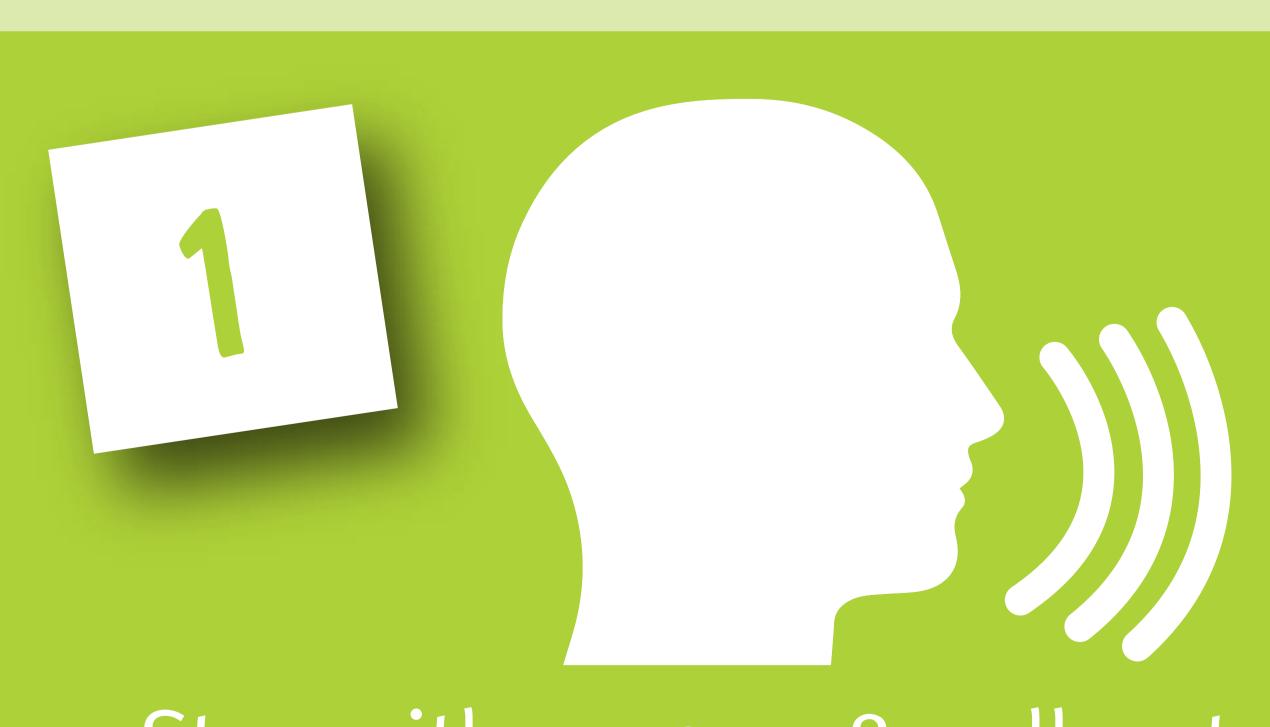
Swelling/tightness in the throat



If someone with known food or insect allergy suddenly develops severe asthma like symptoms, give adrenaline autoinjector FIRST, then asthma reliever

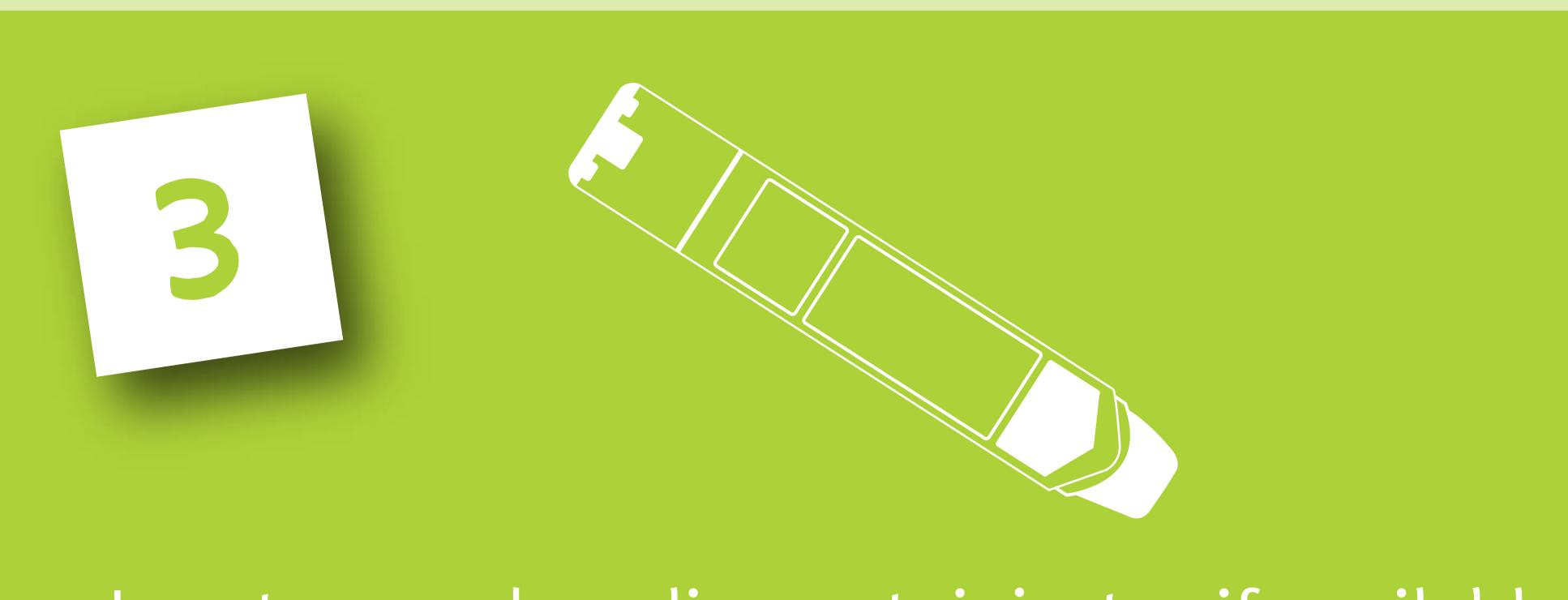


MHAT TO DO



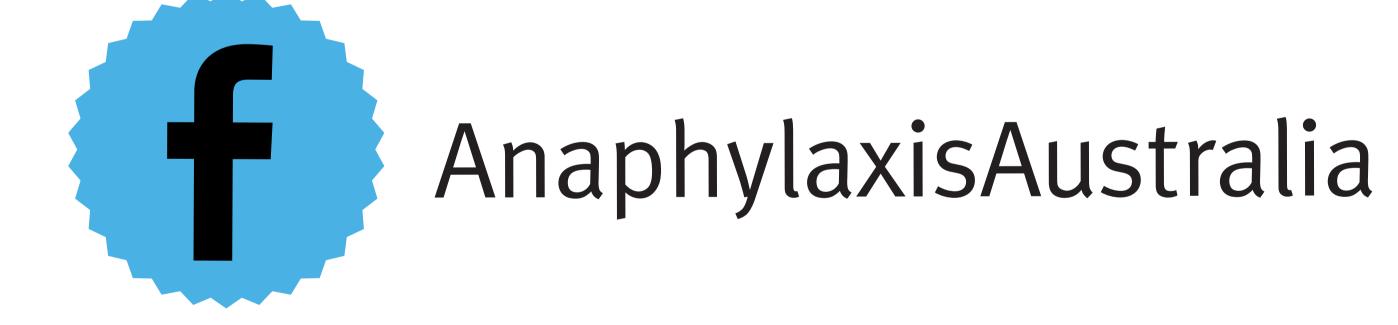
Stay with person & call out for help





Locate an adrenaline autoinjector if available

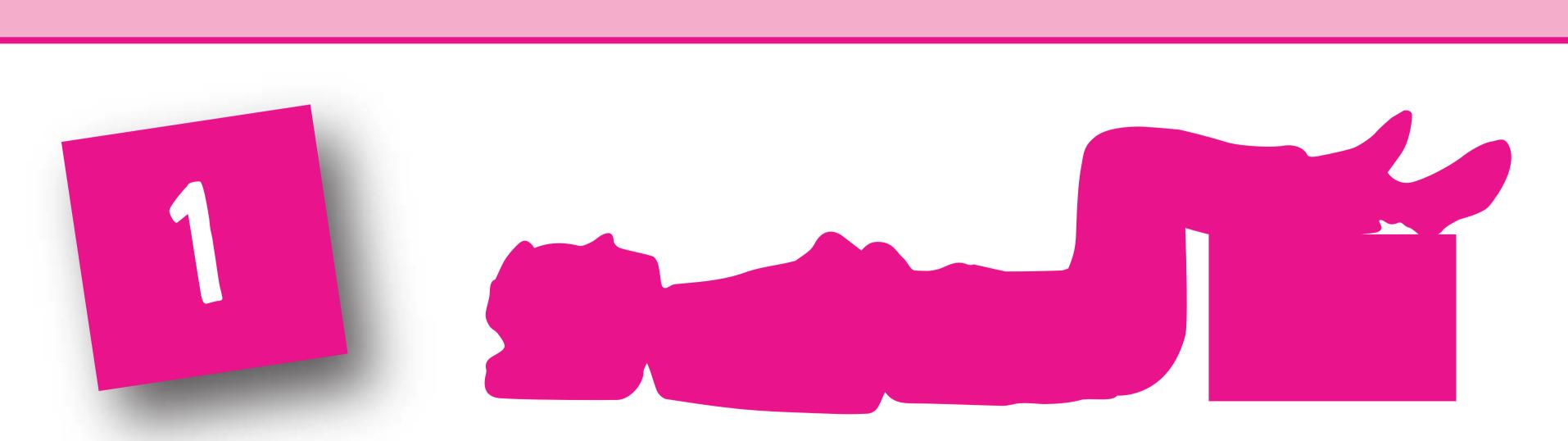








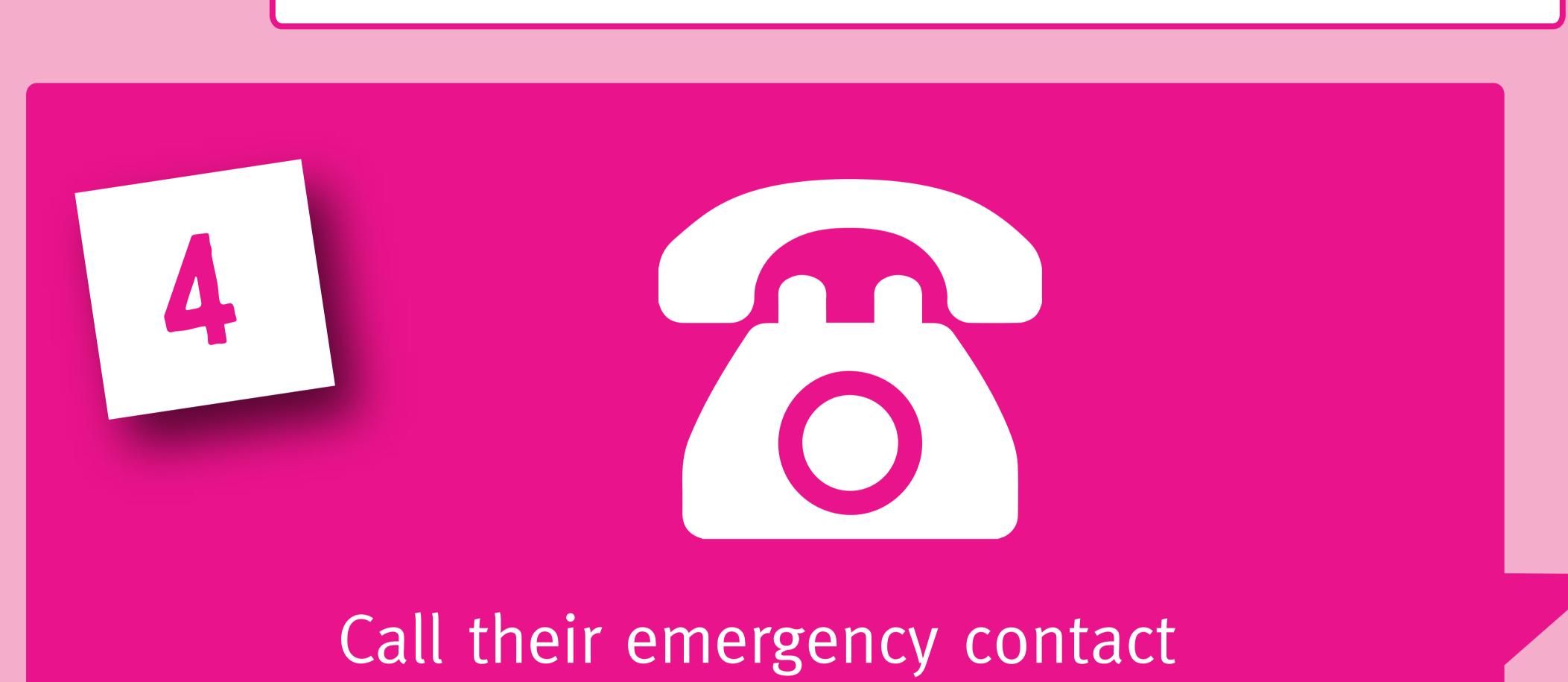
MHAT TO DO



Lay the person flat raise legs if possible. If breathing is difficult allow to sit (but not stand or walk)









If after five minutes there is no response or the reaction is worsening, administer a second adrenaline autoinjector if available

#FoodAllergyWeek #BeAware #ShowYouCare

For further information please contact coordinator@allergyfacts.org.au