



# Positive Ageing Program

## April – June 2025

Turn over to see the great variety of activities on offer. The City invites you to participate and connect with fellow seniors who may share similar interests.



### Bookings

For all information on our events and to book a place:

Visit: [www.subiaco.wa.gov.au/events](http://www.subiaco.wa.gov.au/events)

Call: 9237 9222

Email: [culture@subiaco.wa.gov.au](mailto:culture@subiaco.wa.gov.au)



### Further information

To plan your journey visit [www.transperth.wa.gov.au](http://www.transperth.wa.gov.au).

Companion cards accepted at Positive Ageing events.

If you are a resident experiencing hardship, please contact [culture@subiaco.wa.gov.au](mailto:culture@subiaco.wa.gov.au) as you may be eligible for support.

## Special events

Event	Date	Venue	Time	Cost
<b>April</b>				
Creative Crafter-noon	Monday 7 April	The Third Place	12.00pm	Free
Brightwater Series: Understanding Home Care	Friday 11 April	Subiaco Library	9.30am	Free
Men's Shed Tour and Repair Day	Friday 11 April	Subiaco Men's Shed	10.00am	Free
ANZAC Day Service	Friday 25 April	Rankin Gardens	8.00am	Free
Senior's Sing Along with Stefan	Monday 28 April	The Third Place	10.00am	Free
<b>May</b>				
Museum Morning: A look at Noongar history	Thursday 1 May	Subiaco Museum	10.00am	Free
Brightwater Series: Thinking Ahead as We Age	Friday 9 May	Subiaco Library	9.30am	Free
Movie Morning: <i>Simon Birch</i>	Monday 19 May	The Third Place	11.00am	Free
Senior's Sing Along with Stefan	Monday 26 May	The Third Place	10.00am	Free
Positive Ageing Expo	Thursday 29 May	The Third Place	10.00am	Free
<b>June</b>				
Museum Morning: Trams and Trade	Thursday 5 June	Subiaco Museum	10.00am	Free
Advocare Community Education	Thursday 19 June	Subiaco Library	11.30am	Free
Senior's Sing Along with Stefan	Monday 30 June	The Third Place	10.00am	Free

## Weekly events

Monday	Tuesday	Wednesday	Thursday	Friday
Your Move Board Game Club - 9.30am <i>Subiaco Library</i>	Coffee Club - 10.00am <i>Various local cafes</i>	Yarn Club - 9.30am <i>Subiaco Library</i>	Gold Dance - 9.30am <i>Palms Community Centre</i>	Move Fit Dance - 11.00am <i>Shenton Park Community Centre</i>
Chair Yoga - 10.45am <i>Shenton Park Community Centre</i>	Gold Dance - 10.30am <i>Shenton Park Community Centre</i>	Gold Fitness - 9.30am <i>Shenton Park Community Centre</i>	Your Move Board Game Club - 9.30am <i>Subiaco Library</i>	
	Gold Circuit - 11.00am <i>Lords Recreation Centre</i>	Chair Yoga - 10.30am <i>Shenton Park Community Centre</i>	Gold Pilates - 10.30am <i>Palms Community Centre</i>	

For information on these regular weekly activities call 9327 9222 or email [culture@subiaco.wa.gov.au](mailto:culture@subiaco.wa.gov.au)