

# TALK ABOUT SUB

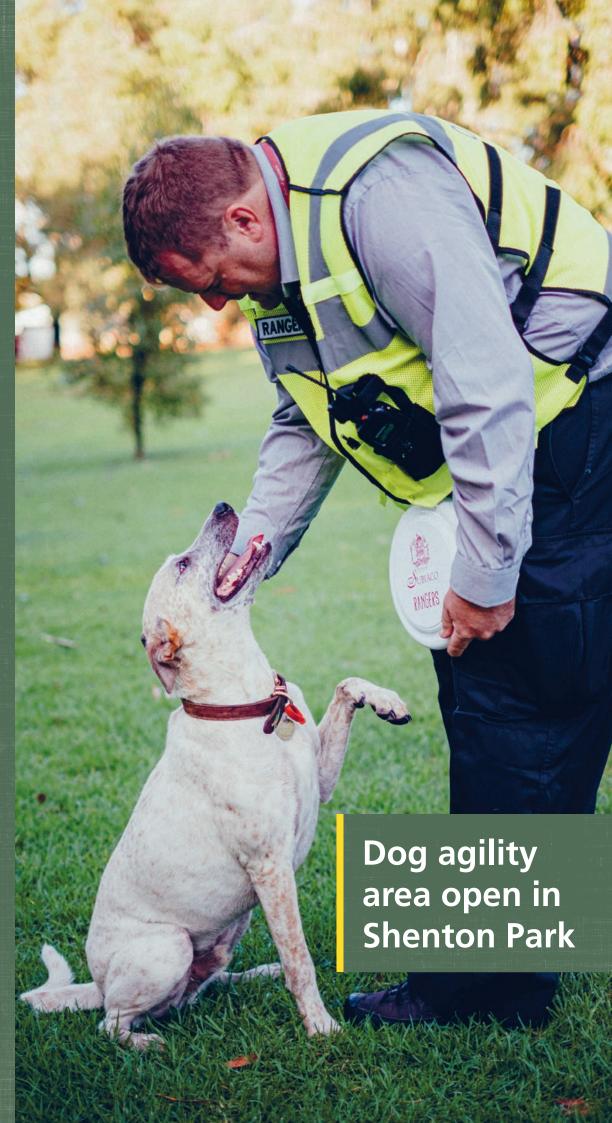
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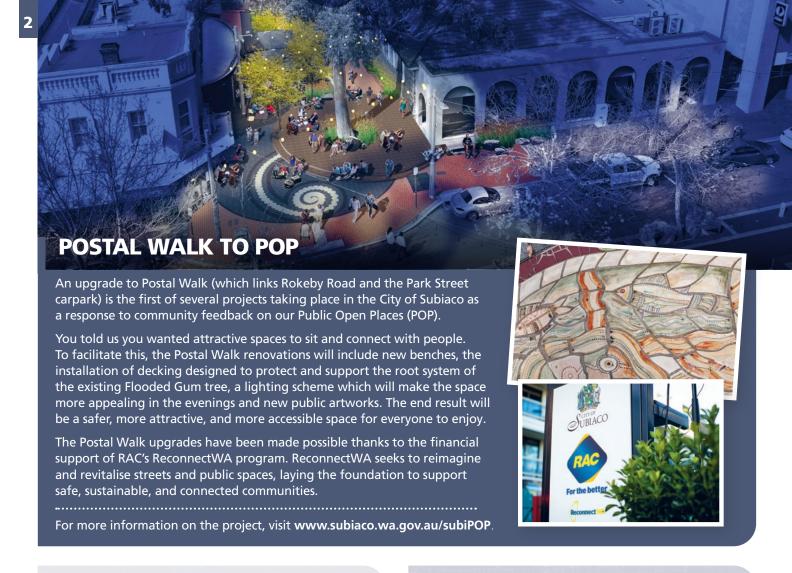
KEEPING THE COMMUNITY INFORMED

P2 Upgrades to Postal Walk

P3 E-permit parking on its way

P5 FOGO is here







# **CUSTOMER SERVICE**NOW AT HAY STREET

You can now find our friendly customer service team in our new office located at Level 2, 388 Hay Street. Customer service is open from 9am to 4.30pm, Monday to Friday (excluding public holidays).

Don't forget you can access a wide range of City services online, visit www.subiaco.wa.gov.au/online-services.

### **ENROL TO VOTE AND**

### MAKE YOUR VOICE COUNT

Local government elections will take place in 2023, so now is the time to make sure you're enrolled to vote.

The Council are the community's representatives and make important strategic decisions that affect you now and into the future, so the City encourages all eligible ratepayers to vote. The more votes received, the more representative your Council will be.

If you live, own a property, or operate a business in the City you may be eligible to vote in local government elections. You need to be listed on the State or Commonwealth Electoral Roll.

Visit the City's website for more information or head to www.elections.wa.gov.au/oes to find out if you're listed on the State roll.



Following a detailed consultation process where the local community were invited to vote from eight options, the Rankin Reserve playground has had an upgrade, with brand-new play equipment and a dog agility course.

All of the playground equipment has been replaced, and now reflects a railway theme due to its proximity to the train line, and its original theming when it was constructed in the 1960s.

The new play equipment includes monkey bars, a mini rock-climbing wall, a slide, swing set and plenty of other fun obstacles.

The dog agility area includes a bridge, hurdles, a jump through, and weave poles. As Rankin Reserve is also a dog exercise area, the playground design includes a fence that separates the play equipment and the dog agility area.



### E-PERMIT PARKING COMING SOON

The City is due to begin rolling out

e-permits later this year which will eventually replace the paper versions that are currently issued.

The new e-permit system will give residents greater control than they have ever had over their parking permits, with faster processing and approval times, an easier and more accessible application process, and improved capability of moving permits between residents' vehicles.

E-permits are environmentally friendly, and remove the risk of permits falling off dashboards, or being lost or stolen.

Parking sessions for your visitors will be easily activated from an app on your phone. Once your parking permits are activated, City Rangers will be able to see your permits 'live' through their virtual system.

Residential and visitor parking permits are offered to eligible residents free of charge, for more information visit

www.subiaco.wa.gov.au/parking-permits.

# EUROPEAN GASTRONOMY IN VOGUE IN SUBIACO



The Subi Spritz festival may be over for another year, having attracted more than 1200 people to 29 free and ticketed events, but you can still enjoy a taste of Europe at some of our newest eateries.

Yiamas Greek Taverna has opened up at 26 Denis Street. Treat yourself to a selection from their mezedes (small plates), and complement your food selection with one of their great cocktails featuring gin from Greece.

For a taste of France, La Bastide at 225 Onslow Road in Shenton Park uses the best seasonal produce from local suppliers to create French bistro classics, paired with a carefully curated, but extensive, wine list, selected to enhance the menu options.

You could also head to Little Paris Crêperie at 1/337 Rokeby Road, where they make crêpes in the traditional French style. You can choose from buckwheat flour savoury crêpes or, for those with a sweet tooth, anything from the classic butter, sugar and cinnamon filling to more elaborate toppings.

At 420 Hay Street you'll find Il Locale's newest outlet, where they serve up authentic Neapolitan pizzas with a side helping of nonna's dip to dip your crust – but don't forget to leave room for their dessert pizza.

These are just some of the latest additions to the fantastic range of bars, cafés and restaurants featuring local and international fare that you'll find throughout the City of Subiaco.

For more on the latest venues and happenings, visit the City's dedicated destination marketing website, See Subiaco (seesubiaco.com.au).

### WHAT'S ON IN SUBI?



Advance Care Planning for Seniors session Thursday 15 June, 10am Subiaco Library, 237 Rokeby Road | Free

### Family group activity - Old Time Shopping

Saturday 1 July, 10am Subiaco Museum, 239 Rokeby Road Free, bookings essential

### Subiaco Heritage Area guided walk

Sunday 9 July, 1.30pm Subiaco Museum, 239 Rokeby Road | Free

### Science Week

12 to 20 August Subiaco Library, 237 Rokeby Road Free, bookings essential



For more event details or to book your spot, head to www.subiaco.wa.gov.au/events.

All event information was correct at time of printing, but may be subject to change. For the latest event information, check the City's website.

### WORDS IN WINTER

# JULY SCHOOL HOLIDAY ACTIVITIES

Join us these July school holidays for NAIDOC Stories, intergenerational LEGO creations from your own imagination and writing workshops that will help young authors perfect

their skills before the Craig Silvey Award for Young Writers opens. Free, bookings open Monday 19 June via the City's website, **www.subiaco.wa.gov.au/events**.





Calling young authors! WA students from years one to twelve are invited to submit an original short story no more than 2000 words in length. For more information, visit **www.subiaco.wa.gov.au/awards**.



### NAIDOC WEEK 2023

The City is proud to promote the NAIDOC Week 2023 theme of 'For Our Elders'. Join us for a week-long celebration of free activities and events from 2 to 9 July, including a smoking ceremony and a special performance by Yirra Yaakin Theatre Company.

### **ATTEND A PLASTIC FREE JULY EVENT**

Plastic Free July is a great time to think about ways you can reduce your plastic use, whether that's buying fresh produce unpackaged, taking your own coffee cup to one of our great cafés, or supporting food retailers that allow you to bring your own containers. You can also attend an event put together by our friends from the West Metro Recycling Centre.

Beeswax wrap workshop, where you can learn how to make this sustainable alternative to plastic cling wrap.

Tuesday 27 June, 10.30am to 12.30pm, Tom Dadour Community Centre, \$5.

Winter wardrobe refresh, fast fashion talk and clothing swap event. Saturday 15 July, 12.30pm to 3pm, Palms Community Centre, free.

Bookings required. Visit www.wmrc.wa.gov.au/events for more information and to book.





### FOGO IS HERE ----

A new waste service called FOGO (Food Organics, Garden Organics) is now operational across the City of Subiaco. FOGO is waste compiled of food scraps, garden vegetation, and lawn clippings. The State Government requires all local governments in Perth and Peel to move to a FOGO waste system by 2025.



You might have some questions about this new service, so below are answers to common queries. You can also watch video explainers and find out more at **www.subiaco.wa.gov.au/fogo**.

### What should I put in my FOGO bin?

You can put food scraps and green waste in your new lime green-lidded FOGO bin. This includes fruit and vegetable scraps, meat, seafood, bread, rice, dairy, prunings, leaves, and lawn clippings. You can also place small quantities of human hair, pet poo, kitty litter, soiled cardboard (for example, pizza boxes), serviettes and tissues in your FOGO bin.

# Why aren't apartments moving to the FOGO system yet?

Best practice guidelines for introducing FOGO suggest a multi-stage process, whereby FOGO is implemented in single unit dwellings such as houses first, so learnings can be applied to multi-unit dwellings and apartment blocks.

# Won't my FOGO waste bin smell with all those food scraps in it?

It's very unlikely, as your lime green-lidded FOGO bin is collected weekly. To reduce the risk of odours, you could put newspaper or green waste at the bottom of your FOGO bin - this can help absorb liquids and prevent waste from sticking. It's a good idea to keep wrapped seafood or meat scraps in the freezer until bin collection day. Keep your bin in the shade with the lid closed, and be sure to put your FOGO bin out every week, even if it's not full.

## Where can I purchase additional kitchen caddy liners?

Compostable liners can be placed inside your kitchen caddy, then tied off and placed into your lime green-lidded FOGO bin every two to four days. You will have received two rolls of compostable caddy liners from the City in your kitchen caddy, but if you need more, you can buy liners that display the certified compostable symbol from supermarkets or Bunnings.



### **BULK GREEN WASTE COLLECTION IN JUNE**

The next Bulk Green waste collection will commence on Monday 19 June 2023. Please place any loose green waste out by the evening of Sunday 18 June. There is no limit to the quantity of green waste that you can put out, but please keep clippings loose and **do not** place in green waste bags.



### **DEMENTIA MEMORY KITS**

### **AVAILABLE TO BORROW**

Subiaco Library has launched a new resource to support community members caring for or supporting a family member living with all forms of dementia. Dementia memory kits are intended to stimulate memories, allowing users the opportunity to engage in conversation about their life experiences.



The theme-based kits include a variety of hands-on activities such as music boxes, puzzles, and reminiscence cards which provide cognitive stimulation and assist with sequencing and problem solving.

They also foster communication and are designed to be explored together with a caregiver or family member. Subiaco Library members can borrow a dementia memory kit for up to three weeks.

Subiaco Library is also offering free dementia workshops for carers.

**Communication and dementia** Thursday 20 July, 9.30am to 12.30pm.

**Understanding changes in behaviour** Thursday 17 August, 9.30am to 12.30pm.

Visit www.subiaco.wa.gov.au/events to book.



# **AGED SEVEN TO 25?**WE HAVE OPPORTUNITIES FOR YOU

Did you know that the City facilitates many activities for young people? Subi Kids Crew (SKC) offers a unique opportunity for children aged seven to 11 to develop their sense of civic responsibility and leadership skills, while the Subi Voice of Youth (SVY) is made up of people aged 12-25 who are interested in local and community issues that affect them. If you live, attend school, work or study within the City of Subiaco you can join.

The City also currently offers Youth Achievement Grants to residents aged between 12 and 25 to support their participation in events or programs that foster their professional or personal development. For further information and to apply, visit the 'Youth, Parents and Seniors' page on the City's website.







# **SEE BEHIND THE SCENES** AT SUBIACO MUSEUM

During Museum Open Week from 2 to 5 August, Subiaco Museum is opening its doors again for a behind the scenes look at our object collection as we photograph more of our items for CollectionsWA.

The museum team will be working with a professional photographer to capture images of more than 800 items, some of which will be out of storage for the first time in a number of years.



There will also be a free family activity based around old-time motion pictures on Saturday 5 August, for details see **www.subiaco.wa.gov.au/events**.



# SENIORS CAN KEEP ACTIVE AND STAY CONNECTED THIS WINTER

Want to make new friends while keeping fit? Why not join the Friday morning dance class and become a part of a fabulous community? This fun activity is inspired by global styles of dance from across the decades. It takes place at Shenton Park Community Centre and costs \$10, payable to instructor Dan Bullen on the day - no booking required.

Dan previously worked internationally as a professional dancer and now works in the fitness industry. He saw a gap in local communities for a well-rounded and dynamic program for seniors or people wanting a lower impact class.

After researching the benefits of dance to improve not only physical abilities but also mental health, the Move Fit dance class was born. Dan could not be more excited to have launched the program in Subiaco and he tells us that one of his motivations to do so is that he wants community activities like this to be accessible for him if he is lucky enough to be a senior himself.

### **DID YOU KNOW?**

Did you know that Lords Recreation Centre offers a free membership to Subiaco residents and ratepayers who are 80 years and over, as well as members 80+ who have been a member for the previous five years?



This free membership is full access, which provides admission to the gym, pool, sauna and group fitness classes at Lords.

### STAFF EXPERT TIP

This edition's expert tip comes from Lords fitness instructor Dan Bullen, who has this advice on how to stay mobile and active as you age.

- Swimming is a great activity for all ages, but it can be particularly beneficial for people with injuries or arthritis. Why not take your aquatic workout up a level and join me for an aqua aerobics class at Lords Recreation Centre?
- Exercising with friends helps you to stay motivated and stick to your fitness regime.
   Joining a group exercise class is a great way to meet people and make new friends.
- As we age, we can lose confidence in simple tasks like walking. Take your time and be mindful of taking long strides and lifting your knees up slightly. This will help with your confidence when walking and improve reaction times to avoid falling.

### IN THE KNOW

### **NEWS DELIVERED TO YOU**



To stay up-to-date with the latest news, visit **www.subiaco.wa.gov.au/news**. You can also subscribe to the City's e-newsletter to get the latest direct to your inbox, head to **www.subiaco.wa.gov.au/enews**.

### **HAVE YOUR SAY SUBIACO**



Have Your Say Subiaco is a website where residents, businesses and visitors can find more information and provide their feedback on projects happening across the City. Visit www.haveyoursay.subiaco.wa.gov.au.



### Your Subiaco guide to winter

The chilly season is no match for the cosy and captivating events Subiaco has in store. Gather a friend, rug up, and prepare yourself for a winter experience like no other.





### Wine N' Dine

17 and 24 June 2023 | Various locations throughout Subiaco

Wine N' Dine is a self-guided progressive lunch through incredible Subiaco venues. Treat yourself and your friends to premium food and wine on the ultimate culinary adventure.



### We Will Rock You

7 - 15 July | Regal Theatre

Don't miss the electrifying "We Will Rock You" this July. Featuring more than 24 popular Queen songs, talented local performers will lead the crowd with classics like "We Are the Champions", "Bohemian Rhapsody", and "Somebody to Love".



### Subi Farmers Market

Every Saturday | Subiaco Primary School

The Subiaco Farmers Market offers a variety of fresh and locally sourced produce, unique stalls, and delicious food options, making it the perfect Saturday morning activity.



### Jazz and Shiraz

Every Wednesday, 7 to 9pm | Bark Subiaco

Experience the soulful sounds of live jazz at Bark, where exceptional music and delicious food combine for an unforgettable night out. Relax with a cocktail or take advantage of the special offer of two glasses of wine and a Bark Board for only \$49.

FOR MORE LOCAL EVENTS, VISIT SEESUBIACO.COM.AU



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Please note these details are correct at the time of printing, but are subject to change. Visit www.seesubiaco.com.au/events for current details.



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This publication is available in alternative formats on request.

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