

Positive Ageing Program

April –
June 2026

Turn over to see the great variety of activities on offer. The City invites you to participate and connect with fellow seniors who may share similar interests.



Bookings

For all information on our events and to book a place:

Visit: www.subiaco.wa.gov.au/events

Call: 9237 9222

Email: culture@subiaco.wa.gov.au



Further information

To plan your journey visit www.transperth.wa.gov.au.

Companion cards accepted at Positive Ageing events.

If you are a resident experiencing hardship, please contact culture@subiaco.wa.gov.au as you may be eligible for support.

This information is accessible in an alternative format on request.

Information is correct at the time of printing.

Special events

Event	Date	Venue	Time	Cost
April				
Museum Morning: Soldiers of Subiaco Part II	Thursday 2 April	Subiaco Museum	10.00am	Free
Creative Crafter-noon	Tuesday 7 April	The Third Place	11.30am	Free
Tech, Tea and Treats: Technology and your health	Friday 24 April	Subiaco Library	10.00am	Free
Mental wellbeing & movement workshop	Thursday 30 April	Lords Recreation Centre	1.30pm	Free
May				
Creative Crafter-noon	Monday 4 May	The Third Place	10.30am	Free
Museum Morning: How to Read a Dress	Thursday 7 May	Subiaco Museum	10.00am	Free
Diabetes WA: Living well with diabetes	Friday 8 May	The Third Place	9.30am	Free
Elder Abuse panel discussion: Know your rights & stay empowered	Thursday 28 May	Subiaco Library	10.00am	Free
Tech, Tea and Treats: How to spot a scam	Friday 29 May	Subiaco Library	10.00am	Free
June				
Creative Crafter-noon	Tuesday 2 June	The Third Place	11.30am	Free
Museum Morning: Shopping Trip Along Rokeby Road and Hay Street	Thursday 4 June	Subiaco Museum	10.00am	Free
Tech, Tea and Treats: How to use government websites	Friday 26 June	Subiaco Library	10.00am	Free

Weekly events

Monday	Tuesday	Wednesday	Thursday	Friday
Your Move Board Game Club - 9.30am Subiaco Library	Coffee Club - 10.00am Various local cafes	Craft Club - 9.30am Subiaco Library	Gold Dance - 9.30am Palms Community Centre	Move Fit Dance - 11.00am Shenton Park Community Centre
Chair Yoga - 10.45am Shenton Park Community Centre	Gold Dance - 10.30am Shenton Park Community Centre	Gold Fitness - 9.30am Shenton Park Community Centre	Your Move Board Game Club - 9.30am Subiaco Library	 <p>New Activity Seated Ballet Thursdays, fortnightly From 9 April 11.30am Shenton Park Community Centre</p>
	Gold Circuit - 11.00am Lords Recreation Centre	Chair Yoga - 10.30am Shenton Park Community Centre	Gold Pilates - 10.30am Palms Community Centre	

For information on these regular weekly activities call 9237 9222 or email culture@subiaco.wa.gov.au