

Media release

For immediate release

Thursday 30 April

Celebrating more than eight centuries of volunteering

Throughout Volunteer Week, the City of Subiaco is celebrating the generous contributions of its 140 volunteers who have collectively dedicated more than 850 years of service to the community.

City of Subiaco Mayor Heather Henderson says that the city's volunteer cohort provide invaluable support, and continuously work hard to deliver vital community services across a range of avenues throughout the city.

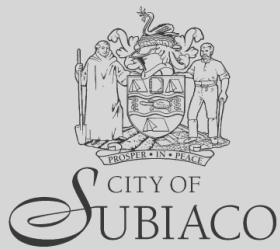
"Our volunteers generously contribute their time in a range of different roles, from helping to maintain community gardens, to coordinating services such as Meals on Wheels and the Subiaco Men's Shed."

City of Subiaco resident Mary-Ruth Squire, who has been a volunteer with the city since 2014 says her work as an Activity Assistant for the city's disability program is fun, challenging and very rewarding.

"I volunteer at the Tom Dadour Community Centre every Tuesday, and it is a great way to give something back. Personally, I get a lot of satisfaction seeing the impact and difference these programs have on our clients," Mary-Ruth said.

"The best thing about volunteering in Subiaco is the respect and value shown to volunteers, the range of opportunities that are available, and the lifelong friendships that you make."

To celebrate the contributions of its volunteers, the City of Subiaco is holding a number of events for Volunteer Week including meet and greets with local voluntary groups and a planting bonanza in Mabel Talbot Reserve. Subiaco Library will also have a happy corner on display, encouraging people to share their 'give happy, live happy' stories in line with the theme for Volunteer Week 2015.



“The city strongly values its volunteers, and Volunteer Week is another fantastic opportunity for the city, and broader community to recognise and celebrate the achievements and remarkable contributions of our dedicated volunteers. Volunteering is extremely rewarding, and I encourage every member of the community to discover the benefits of volunteering today.” Mayor Henderson said.

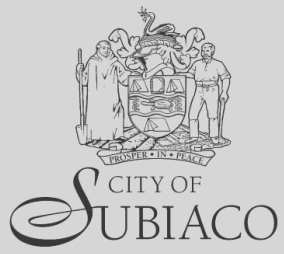
To find out more about volunteering with the City of Subiaco visit www.subiaco.wa.gov.au/volunteer

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Interview and photo opportunities available on request.

Notes to the editor

- The City of Subiaco is hosting a number of events for Volunteer Week (11 to 17 May), and the theme for this year is Give Happy Live Happy, drawing attention to the significant benefits that volunteering offers for your health and wellbeing. For more information about volunteer week in the city visit www.subiaco.wa.gov.au/volunteer
- Photo opportunities are available at all events, which include a planting bonanza, laughter yoga, meet and greets and the happy corner at Subiaco Library
- The City of Subiaco Meals on Wheels program provide more than 15 000 meals to 180 local community members each year
- According to a recent study, the annual economic value of volunteering in Subiaco is approximately \$17 million
- A recent study by Volunteering WA found that the socio-economic and cultural value of volunteering in Western Australia to be approximately \$51.6 billion
- Australia has around 6.1 million volunteers, who contribute \$200 billion to the nation's economy every year
- Subiaco has 140 volunteers who volunteer across a range of programs such as:
 - Library / Library Books on Wheels
 - Subiaco Museum
 - Community Legal Service
 - Subi Kids Crew
 - Subiaco Voice of Youth
 - Men's Shed
 - Mums without Mums
 - Meals on Wheels
 - Dining room assistants
 - Community events
 - Shopping Bus
 - Adult Day Centre
 - Shenton Park Community Centre Board of Management
 - Mayor's Christmas lunch
 - Wednesdays at Wandana
 - Wandana Dance Classes



For further information please contact Matthew Avery, Communications Officer, City of Subiaco on (08) 9237 9222 or communication@subiaco.wa.gov.au