



Media release

For immediate release

Date: Wednesday 6 March

Reaching out to the community

The city is partnering with the Central Institute of Technology's Reach program to provide a free, accessible health service to the community at various locations around the city.

Health checks involve a student nurse, supervised by a registered nurse, asking questions about participants' health behaviour and taking blood pressure, blood sugar level, cholesterol level and girth measurements.

The program is being run in collaboration with the Department of Health and Curtin University and funded by Health Workforce Australia.

Participants are provided with the results and offered health education and resources.

Mayor Heather Henderson said the program was introduced after the success of the city's Reach Wellness Centre at Wandana.

"We want to ensure everyone in the community is able to access these important health care services," Mayor Henderson said.

"Reach provides an opportunity for the community to check their current health status without needing to visit a doctor, which can be very costly."

Clinics will be open from 10am to 2pm on Thursday 21 March at Lords, 3 Price Street, Subiaco, Thursday 11 April outside Subiaco Museum, 239 Rokeby Road, Subiaco and Thursday 16 May at Oak Lawn, The University of Western Australia.

It is anticipated more clinics will be scheduled throughout the year.

No appointments are necessary for the five minute health checks, which are performed at temporary drop-in clinics.

For more information on the community health check clinics, contact the city on 9237 9256.

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Photo opportunity: A photo can be organised with Mayor Heather Henderson at the Wandana Reach Wellness Centre on request.