Q1. Can the program help?
Yes. Evidence shows that books can help people who are experiencing emotional issues and these books have been specifically chosen by health care professionals for their quality. Of course, not everyone will be helped in this way and it will depend on how much effort the reader puts into following the guidance given by the book.

Q2. Do I need a prescription from my doctor?
You do not need to visit your doctor in order to use the books in this program. The full book list can be found on the city’s website and all of these books are available in the Subiaco library for all users.

Q3. Is my privacy protected?
Borrower details and book loans are strictly confidential. Subiaco Library staff are professionals and will treat you with respect and discretion. If you would prefer you do not need to show library staff the prescription.

Q4. What if the book doesn’t help?
Books are often effective, but they may not be for everyone. You may find an alternative book on the list more useful, or you may require a different approach. If the book doesn’t help, please ensure you return to your general practitioner to seek further advice.

Q5. What if the book is unavailable?
If the book is not immediately available a reservation can be made by telephone, email or by logging into your membership online.

Q6. I have a great book that should be added to this list?
Please contact Community Services to speak to the program coordinator who will supply you with a form!

Q7. I am not a member of the Subiaco Library?
Easy! It is free to join, please refer back to the main library page.